PHAA Annual Report – SIG contributions

Mental Health SIG

- **Co-Convenors:** Erica McIntyre and Stephen Carbone (Ellen Hart was also a co-convener from July-December 2022)
- Committee: Sharnae Zanotti, Deena Mehjabeen, Peter Anderson, Sumudu Hewage
- Elizabeth Connor, Renata Anderson, Rebecca Van Dyk, Imogen Page, Maria Budimir, Kara Jaeschke and Parmila Balakrishnan also served on the committee during 2022-2023.

Focus areas 2022-2023

- Mental health promotion and preventive mental health.
- Mental health and climate change.

Meetings

• The SIG held Committee eight meetings during 2022-23 (four in 2022 and four in 2023) and an Annual General Meeting.

Events

- The MH SIG held its Annual General Meeting on 30 November. There was a presentation from a guest speaker Tahnee McCausland from the Western Australian Mental Health Commission who spoke on the evaluation from the Commission's latest Think Mental Health campaign.
- The MH SIG offered two scholarships to attend the 2023 Preventive Health Conference and two scholarships to attend the 2023 Australian Public Health Conference.

Submissions

• Stephen Carbone and Erica McIntyre contributed to the PHAA's submission to the Senate Standing Committee on Community Affairs Inquiry into assessment and support services for people with ADHD.

Policy position statements developed or revised.

- The MH SIG revised three existing policy position statements: Mental Health and Work, Mental Health and Climate Change, and Youth Mental Health.
- The MH SIG drafted two new policy position statements: Perinatal and Infant Mental Health and Wellbeing, and Promotion of Mental Wellbeing, and Primary Prevention of Mental Health Issues and Conditions.

Publications

• Deena Mehjabeen and Erica McIntyre published an article titled <u>Lessening mental health impacts of</u> <u>climate change on rural men</u> in the online magazine Partyline that was published in December 2022.